



October 2011



Hayes Leonard Elementary



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3 Chicken Sticks Wheat Roll Salad Corn Grapes	4 Pasta with Meat/ plain sauce Garlic Texas Toast Peas Fruit Salad	5 Salad Bar/ Breadstick Or Corn Dog Mixed Veggies Rosy Applesauce	6 Cheese Quesadillas Lettuce/tomato/salsa Broccoli Brown Rice Fresh Pears Yogurt Parfait	7 Hot Dog Crinkle cut Fries Celery Sticks/dip Peaches Fresh Fruit
10 Chicken Tenders Baked Fries Bread Slice Veggie Blend Orange Smiles	11 Dunkers with sauce Salad Cucumber slices Fruit Salad	12 Cheese or Pepperoni Pizza Salad Green Beans Dice Peaches	13 Fajitas or Mini Corn Dogs Seasoned Rice Salad Pineapple	14 Hamburger Potato Smiles Mixed Veggies Applesauce
17 Chicken O's Mashed Potatoes Wheat Roll Salad Corn Raisins	18 Mostaccioli Breadstick Salad Carrot Coins Fresh Fruit	19 Chicken Patty/ Wheat Bun Salad Sweet potato fries Green beans Apple Wedges	20 Nachos Chips, meat and cheese Seasoned Rice Broccoli Pineapple	21 Whole grain flat bread pizza Salad Veggie blend Peaches Pudding
24 Chicken Nuggets Biscuit Sugar snap peas Pears Sherbet	25 Chicken Alfredo OR fish sticks Wheat Roll Salad Fresh Veggies Mandarin Oranges	26 Deli Turkey Sandwich Carrots/Celery Sun Chips Mixed Fruit Cup Fruit Strip	27 Breakfast for lunch Pancakes Pork Sausage Hot Apples Fruit Juice Fresh Fruit	28
31				

